

THE CONSTITUTION OF GAUTENG WEIGHTLIFTING ASSOCIATION

1. NAME

This association shall be called “The Gauteng Weightlifting Association”. Herein after called “the Association”.

2. AIMS AND OBJECTIVES

The aims and objectives of the Association are:

- a) To further weightlifting as a sport, by providing the necessary incentive for all lifters.
- b) To hold monthly and annual weightlifting meetings.
- c) To hold club contents and other types of competitions and training sessions
- d) To govern weightlifting meetings held locally and o promote uniformity of rules.
- e) To deal with any abuse at weightlifting contents which may be submitted or come to the notice of the committee.
- f) To provide for the keeping of official lists of records of all GWA performances
- g) To provide opportunities for all interested people to obtain the necessary qualifications and experience to become referees in accordance with Section E of the SAWF Constitution.

3. TERRITORY

The territory controlled by this Association is as defined by the Constitution of the South African Weightlifting Federation.

4. COLOURS

- a) The required colours standard for the different categories shall be reviewed by the committee at the beginning of each year.
- b) Colours shall be awarded to weightlifters representing Gauteng and achieving the required standard as laid down by the Committee during this representation or at the trials prior to this representation. These colours will be represented to the lifter within 60 days of meeting all the requirements above.
- c) The colours to be worn at contents are as registered with SAWF; socks – white, lifting costume – blue in front white stripes in the side and red at back, T-shirt – white and tracksuit – blue with red and white inserts.
- d) The executive shall have the power to recommend the members at an Annual General Meeting for their two-thirds majority approval of those present, the name of any member considered worthy of a Gauteng Honours Award. The primary requirement for consideration shall have been at least 5 years exemplary service in an official capacity in the interest of the Association. The Award shall consist of Gauteng Colours with an Honours Badge.

5. MEMBERSHIP

- a) Membership shall be open to any person who lives in the region for at least 6 months. There are two types of members in Gauteng. These are:
 - i. Registered Members, which covers Junior, Senior and Master Lifters.
 - ii. Associate Members who are non-paying members who do not compete or referee at competitions.
 - iii. Life Honorary Members who have been paying members for twenty consecutive years or more.
- b) Registration fees for all memberships shall be reviewed annually at the AGM.
- c) Applications for membership on the prescribed form must be lodged and accompanied by a copy of the individual's ID. The committee shall then decide with absolute discretion by a majority vote whether the application shall be granted or withheld.
- d) Membership shall be due after each AGM and must be paid the 31st January of each year. Such renewal of membership shall be subjected to the approval of the committee.
- e) All members, including life honorary members are required to complete a registration form each year, for administrative purposes, which should be submitted to any member of the committee. All members must pay a registration fee, which must accompany the registration form. Any member of the association, failing to renew his membership before end of February shall be considered to have terminated his membership.

6. THE COMMITTEE

- a) The executive committee is elected at the AGM and serves for one year and consists of the Chairman, Vice Chairman, Secretary, Treasurer, Development Officer and three elected committee members who can be either registered or Association Members.
- b) The Committee for the Association shall be composed of the Executive Committee and a nominated delegate or alternate from each club.
- c) The duties of the Committee shall be as follows:
 - i. **The Chairman** shall preside at all the meetings and shall see that all other officials carry out their duties. He has an ordinary vote and a casting vote at all Committee meetings. In the event that he is unable to attend a meeting, an alternative Chairman must be appointed for the meeting by those present at the meeting.
 - ii. **The General Secretary** shall attend all meetings and is responsible for the following:
 - a) All correspondence with the SAWF and other regional associations regarding all national and inter-provincial weightlifting business.
 - b) Send all local news to the editors of the national newsletters.
 - c) Notify all clubs and individual members of forthcoming events.
 - d) Write up the minutes of all Committee meetings and send a copy to each Committee member.
 - e) Deal with any other matters arising.

- f) In the event that he is unable to attend a meeting, a person must be nominated by the meeting to take the minutes.
- iii. **The Treasurer** is responsible for the following:
 - a) The collection of annual club affiliation fees, registration fees and entry fees for all types of competitions.
 - b) General financial matters such as writing cheques and paying expenses related to Association business. Cheques shall be signed by one of two nominated Executive Committee Members and the Treasurer.
 - c) Recording all financial transactions and presenting these on a monthly basis at the Committee meeting for approval.
- iv. **The Development Officer**, with the consent of the Committee, is responsible for forming a sub-committee, which will attend to all matters related to the development of the sport in the Gauteng Province.
- d) No nominated member shall be allowed to take part in proceedings of any Committee meeting unless the affiliation fee of his club is paid.
- e) Retiring members of the committee are eligible for re-election.
- f) If a nominated member of the committee resign during his / her term of office, the representative affiliated club shall nominate an alternative.
- g) If an Executive Committee member resigns, the remaining members shall nominate a successor.
- h) Resignations for the committee must be in writing.
- i) An officer loses his seat on the Committee if he fails to attend 3 consecutive meetings without permission from the Chairman.

7. MEETINGS

- a) The Committee shall meet on a regular basis, as required. The date, time and venue of each meeting shall be set at the preceding meeting and notification in writing shall be sent to all Committee members to reach them at least 7 days prior to the meeting.
- b) Four members shall form a quorum at any Committee meeting and must include 3 members of the Executive Committee.
- c) Committee members from a club under suspension shall not be entitled to take part in any meeting, Annual, Special, General or Extra-ordinary.
- d) 20% of the registered members, who must include 50% of the Executive Committee, shall form a quorum at the General Annual Meeting and any Special General Meeting.
- e) All members who have paid their subscriptions for the previous year shall have the power to vote.
- f) Should a quorum not be present at a meeting should be recovered in seven days at the same time and venue. If the quorum is again not present it will then be considered as a quorum.
- g) The AGM shall be held within the last 2 weeks of November and at least 21 days notice shall be given in writing for the AGM together with the business to be transacted.

8. POWER OF EXECUTIVE

- a) To control expenditure and income.
- b) To suspend for a time or permanently, as they deem expedient, anyone proved guilty of misbehaviour or unfair practices, and to re-instate any such offender at their discretion.
- c) To deal with any infringement of the rules of this association.
- d) To open a banking account in the name of the association and to draw, accept and endorse cheques in connection with the association.
- e) To appoint judges and officials and at the discretion remove or suspend such officials.
- f) To determine rules governing weightlifting meetings, as may, in their opinion, be deemed necessary, provided, however, such rules shall be submitted for confirmation at the next AGM.

9. AMENDMENTS TO THE CONSTITUTION

- a) Amendments and additions to the constitution may be introduced and passed at any AGM or Special General Meeting by a two-thirds majority vote of the members present.
- b) Proposed changes to the constitution must be circulated to all members at least 14 days prior to the AGM or Special General Meeting at which the said changes will be discussed and voted on.

10. COMPETITION

- a) All championships must be run in accordance with IWF rules.
- b) Entry fees for Novice, Junior, Senior and Master Championships must be determined by the Committee.
- c) A Junior shall be 20 years and under as of 31st December of the current year.
- d) The closing date for competitors entering any championship organized by the Gauteng shall be at the discretion of the Executive Committee.

11. ADVERTISING

- a) All weightlifting meetings must be advertised as “conducted under the rules of the Gauteng Weightlifting Association.
- b) In the case of individuals being named or illustrated, they shall not be incorrectly styled as champions or record holders, but their true status shall be correctly named.

12. JUDGES AND REFEREES

- a) All the competitions run by the Association, preferably, qualified referees appointed by the Committee shall officiate.
- b) For the purpose of claims for Gauteng records, all three referees must be certified, two of who must be Class C National Referees.

13. BODYWEIGHT DIVISIONS

- a) The lifter who competes in any championship or weightlifting meetings will be classified according to bodyweight and shall be in accordance with IWF regulations.

14. THE LIFTS AND METHODS OF PERFORMANCE

- a) In all competitions the two lifts employed will be: The two arm Snatch The two arm Clean & Jerk (as defined by the IWF).
- b) Competitions shall be open to all registered lifters.
- c) Participants will be selected by the Selection Committee to represent Gauteng.

15. PROCEDURES

- a) Competitors shall accord with IWF rules.

16. APPARATUS

- a) The apparatus used at any championship competition must be of the standard Olympic type and must be passed by the Committee as fit for use.

17. RECORDS

- a) In the case of a South African record being broken, application must be made by the Association on Signed record forms by the judge and referees to the South African Weightlifting Federation for recognition of this record within 14 days of breaking the record. A National record must accord with Section E of the SAWF constitution.
- b) A Gauteng record, at any official competition, must be judged by at least one national and two regional referees. Two of the three judges must pass the lift.
- c) An OPEN Gauteng record can be broken by any resident living in Gauteng for at least 6 months.
- d) A CLOSED Gauteng record can be broken by any South African Citizen, living in Gauteng for at least 6 months.

18. PERMISSION FOR DISPLAYS

- a) Members who take part in shows sponsored by unaffiliated bodies must individually gain the permission of the Executive Committee. If a lifter fails to contact the Executive Committee before such display he may be dealt with in any manner deemed fit by the Executive Committee.

19. SELECTION COMMITTEE

- a) The Selection Committee shall consist of 3 members selected by Gauteng Committee.

FOR ALL POINTS NOT COVERED BY THIS CONSTITUTION THE RELEVANT RULES IN THE CONSTITUTION OF THE SOUTH AFRICAN WEIGHTLIFTING FEDERATION ARE ACCEPTED AS BINDING.

ACCEPTED ON BEHALF OF THE GAUTENG WEIGHTLIFTING ASSOCIATION ON
THE 26TH DAY OF NOVEMBER 2001